



Finding the Miracle Inside

THE 5-STEP-TOOL THAT REVEALS YOUR ZONE OF GENIUS

For Brave Female Entrepreneurs
who want a brand that allows them to shine daringly,
have success on their own terms in alignment with soul

A gift for you from Esther de Charon de Saint Germain
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YOUR ZONE OF GENIUS

Are you ready to make ease and abundance the life force of your business and life? I created this powerful tool for you to leverage your Himalayan sized mountain of skills, experience, knowledge, and passions

It's a great tool to become successful on your own terms!

With this tool, I'm going to help find your Zone of Genius - where everything is so freaking easy you can't understand 'Other People' don't know how to do it too.

When you often feel you work too hard with too little reward (money, time, fun, pleasure or joy) you are working outside of your Zone of Genius. Knowing what's inside your Zone of Genius will help you to focus on what comes easily to you and connect to the calling of your soul. Knowing your Zone of Genius will eventually help you grow as an entrepreneur.

The reason we don't honor what comes from our Zone of Genius is that we are hard-wired for struggle. We rather fight for it than give ourselves permission for ease. But it's where the calling of our soul communicates with you!

I will explain why it's hard to find your Zone of Genius when you're wonderfully weird AND how to find it.

You will find there are many jewels inside your Zones of Genius. Mine, for instance, is coming up with assignments and programs that work like magic for my clients. It's so easy that I'm - almost - ashamed of it. I know you've got miracles insight that no one else has.

Are you ready to uncover your miracles inside?

WHY YOU NEED TO FIND YOUR MIRACLE INSIDE

You are Brave! That means you are vulnerable, fiercely bright, powerful, sensitive and gloriously multi-passionate. Ideas. Emotions. Feelings. They keep coming.

You love to learn. Your knowledge mountain has Himalayan sizes. Remember all the things you've learned? The Courses. The Studies. The insights. Aha-moments that hit you like a thunderbolt. The Life Lessons?

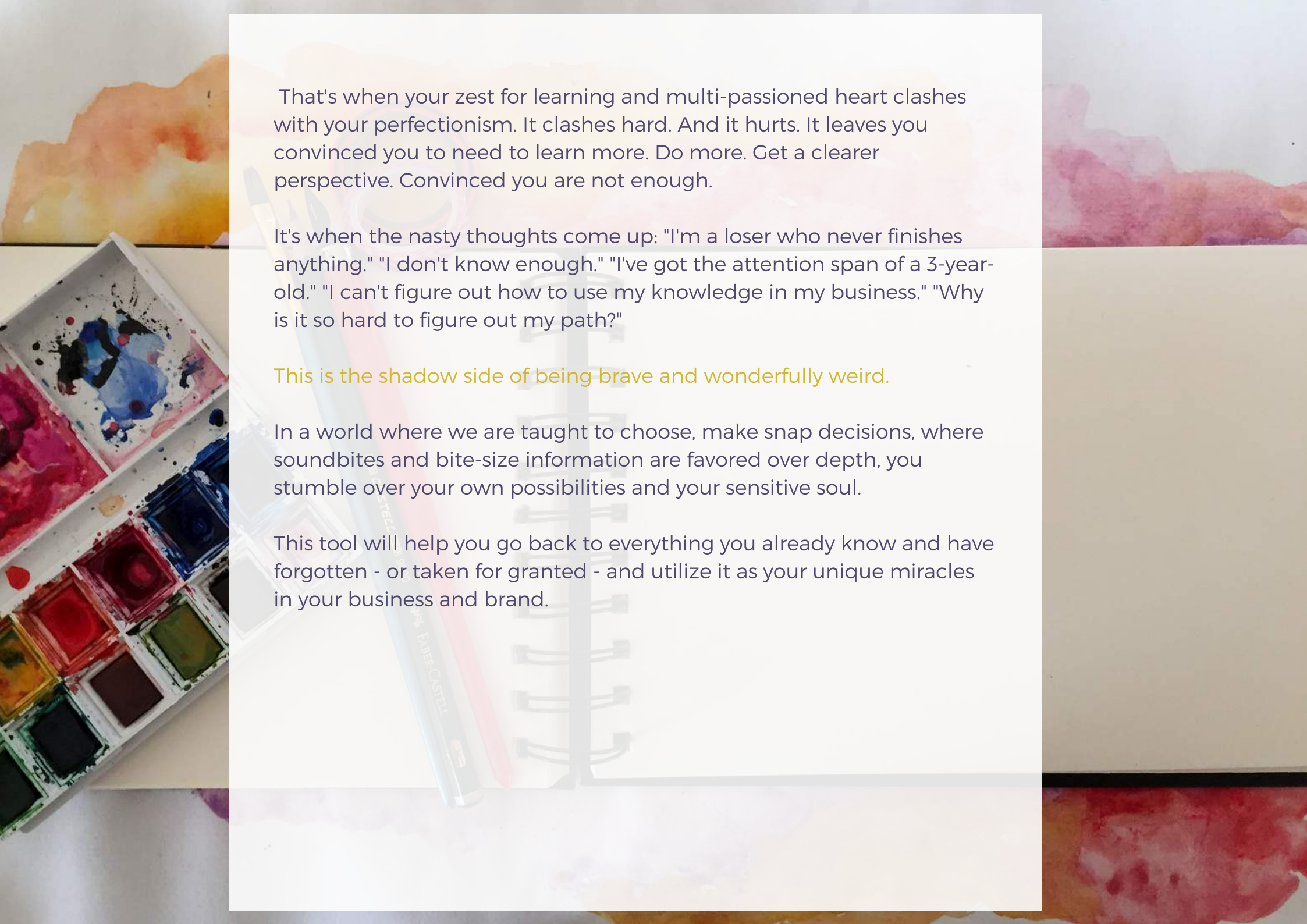
Most likely you've got all kinds of credentials and certificates and feel blessed with your knowledge. Or you never finished your studies for whatever reason and feel bothered by that.

But chances are you sometimes feel like a failure because you don't know how to leverage it in your business. or in your brand Maybe you call yourself a Jack-of-all-Trades. A Master of None. Maybe you define yourself according to the Dutch saying: "12 Trades and 13 Accidents".

Please, stop talking yourself down!!!

Maybe you look down on your hard work and study because there's no clear line. No pattern. You can't find the Red Thread! Your life, your work experience, your education, it feels like it's all over the place.

Maybe you don't appreciate your huge inner library. Because you process information with the speed of a bright red Ferrari. Once you figured something out, it has become a non-issue. I have become part of your fast Encyclopedia of Experiences and Knowledge.

The background of the image is a collage of artistic elements. On the left, there is a white watercolor palette with various colored wells (red, blue, green, black) and some paint splatters. In the center, there is a faint, light-colored illustration of a spiral-bound notebook with a pencil resting on it. The background is decorated with soft, abstract watercolor washes in shades of orange, pink, and red, primarily along the top and bottom edges.

That's when your zest for learning and multi-passioned heart clashes with your perfectionism. It clashes hard. And it hurts. It leaves you convinced you to need to learn more. Do more. Get a clearer perspective. Convinced you are not enough.

It's when the nasty thoughts come up: "I'm a loser who never finishes anything." "I don't know enough." "I've got the attention span of a 3-year-old." "I can't figure out how to use my knowledge in my business." "Why is it so hard to figure out my path?"

This is the shadow side of being brave and wonderfully weird.

In a world where we are taught to choose, make snap decisions, where soundbites and bite-size information are favored over depth, you stumble over your own possibilities and your sensitive soul.

This tool will help you go back to everything you already know and have forgotten - or taken for granted - and utilize it as your unique miracles in your business and brand.

A watercolor background with a palette of various colors (red, blue, green, yellow, black) on the left side. In the center, there is a faint image of a spiral-bound notebook with a pen resting on it. The background is decorated with soft, blended watercolor washes in shades of orange, pink, and red.

Let me use my All-Over-the-Place Resume as an example.

Where others can say: "Hi, I am Amy. I research the tracking patterns of ants."

I used to say something like: "Hi I am Esther. I'm an artist, a business doula, I whisper with souls. I'm also a brand expert. No, I didn't finish Art School. I'm also an Art Historian who researched Indonesian Contemporary Art - but never published. I worked in television without any credentials. I took 5 studies simultaneously because I couldn't resist them. I traveled the world feeling like a Big Old Fraud because it was so easy to organize huge events - without any training-. I used to designed for the big commercial brands at day and spent my free time in Buddhist retreats. Long before it was fashionable. I also love opera and Metallica..."

Well, you get the point. It was deeply confusing. Because when there's so much to tell, people don't GET YOU! When we show up different every time our audience will forget you.

We need some clarity in the woods, without belittling or denying who you really are.

You know a lot because you experience a deep longing for knowledge. Your mind is wide open! You can be tarot readers with a scientific background.

It's time to let go of the excuses. The "I am not enough" feelings. Because in reality, you are crossing borders. Your entire life is a creation.

YOU ARE THE MIRACLE!

There is no box big enough that can contain you!

I want you to find the miracle inside yourself and honor it, everything within your Zone of Genius is a divine gift. It's where your Soul communicates with you. You are supposed to utilize it.

There is one component that brings the myriad of knowledge together.

YOU!

You are at the heart of all those passions, talents and knowledge. YOU are the center of the Library. YOU are the Miracle.

Knowing yourself means getting to grips with your inner encyclopedia. To embrace the inner conflicts. To tread lightly. With self-compassion.

Once you know your Inner Miracle, AKA you, AKA your Zone of Genius, you'll feel it's okay to combine all your talents. Make new cross-sections. Invent bright ideas with the knowledge from your own inner Library AND leverage it in your brand and business..

Value yourself completely. All-in.

Sending you love, light and kindness
Esther de Charon de Saint Germain

HOW TO USE THIS TOOL

1. Find time and a quiet place to work.

2. Print the tool.

Print the "Draw yourself page" multiple times.

You draw yourself at least every 7 years. So if you're 37, draw yourself age 7, 14, 21, 28 and 35 and print the

"Draw yourself page 5 times.

Follow your intuition here.

3. Follow the 5 Steps.

4. If you feel overwhelmed. Stop for a while and get back at it in 15 minutes. Don't wait too long.

5. Keep looking for similarities, synchronicity (meaningful coincidences) and overlaps.

Look for repeating elements. What was it that urged you to take a class?

Like love for writing, art, reading, nature, food, animals. Or your desire to be different, to not fit in. Look for contradictions. Anything out of the ordinary.

6. Observe.

7. Have fun!

STEP 1

A. DRAW YOURSELF

Get a sharpie and some pencils and draw yourself. Remember the dress you loved or the shoes...? Draw those too. This is not about accuracy or skills. This is you remembering what you looked like. Getting in touch with yourself at that age. Start at age 7. Add anything that comes up (a house, school, special hobbies).

Maybe a special memory comes up, that made you feel different than the others.

Like: "I wanted to change the world" or "I couldn't understand why not everybody loved books". Add those memories too.

B. WRITE DOWN WHAT YOU LOVED, DISLIKED, LEARNED AND THE SKILLS YOU GAINED OVER THAT 7 YEAR PERIOD

Feel free to use more paper when you need more writing space. Repeat the process every 7 years.

C WHAT YOU LOVED

Carefully look for similarities and overlaps. Look for elements such as writing, art, reading, love for nature, mathematics, food, exploring, animals etc.. Things you might consider a hobby. Who did you love? What did you love? Be specific. If you loved Comics. Which one was it? How did it make you feel? Look for things you forgot about. Like your love for playing 'Hospital', organizing parties or traveling by train etc.

D. WHAT YOU LEARNED

Find out what you learned (High School, College, University, Courses etc.). Check if your education matches a passion. There is no right or wrong. Simply observe.

E WHAT YOU DISLIKED

Write down everything you disliked. From the aunt who wanted to hug you all the time to the stress of finishing your paper in time. Don't hold back. Don't go into the why yet. Just report.

F. SKILLS YOU GAINED

Your skills can be anything you - be happily honest here - know you're above-average good at. Forget certificates. Can you bake a really decent pie? I know I can't - add it to the list. Can write spot-on articles? Add it to the list too. Don't be modest - because it won't serve you.

G. UNDERLINE

Find the words that catch your eye (for whatever reason). Underline or circle everything that makes sense (or doesn't make sense yet). Use different colors to keep track. Follow your intuitive mind.

DRAW YOURSELF

age

I loved

I disliked

I learned

Skills I gained



STEP 2

- A. Assemble all the words you encircled and underlined in all 4 categories of every 7 year period.
- B. Write them on the next page.
- C. Study the words. Encircle the words that elevate your soul.

We're speaking 'Happy Jumps of Joy' and "Goosebumps" here. Ignore everything that feels like "Meeeh".

What I loved

What I disliked

What I learned

My Skills



STEP 3.

- A. Out of all the things you encircled pick the 5 items that give you that golden light of joy when you read it. Still doubtful? Try speaking it out loud. A smile means: keep it. A shrug of the shoulder means: not important enough to help you reveal your Miracle Inside.
- B. This is a process. Not a test or quiz. We evolve and change at the time. This tool helps you to find the Miracle Inside as it wants to be found right now. Trust the process.

What I love

1 _____

2 _____

3 _____

4 _____

5 _____

What I dislike

1 _____

2 _____

3 _____

4 _____

5 _____

What I know

1 _____

2 _____

3 _____

4 _____

5 _____

My Skills

1 _____

2 _____

3 _____

4 _____

5 _____

STEP 4

A. Make 4 sentences using the 4 X 5 words you listed in the previous sheet.


B. Don't worry. It's not an exam. Again no wrong or right here. If there is a word that doesn't resonate 100 %, ditch it.

C. It's important to be kind. You are revealing your Miracle AKA your Zone of Genius inside. It will only show itself when you are generous and kind to every aspect of yourself.

An example of a sentence could be:

Every time I start a project or a new plan it is important that it fills my heart with the same deep love I feel for:

Really sad Russian literature, my kids when they feel happy, 19th-century Scandinavian paintings, baking fabulous cakes and taking long solitary walks in unknown city centers on Sunday morning when everything is still quiet.



Every time I start a project or a new plan it is important that it fills my heart with the same deep love I feel for:

I want to thrive. It's important to keep my energy high and focus on strength and power. Therefore it's important to know that I dislike:

I accept that I'm a powerful brave female entrepreneur. I appreciate and value all my knowledge, in particularly:

I know what makes me fabulous and incomparable. My skills are part of who I am. I have many. I use these as often as possible:

STEP 5.a

OWN YOUR ZONE OF GENIUS

Read everything you just wrote and drew and go for a walk. Contemplate on everything that is inside your Zone of Genius. Remember? Everything that comes so freakin' easy to you, that you find it hard to see the beauty or uniqueness in it. Well, it's time to own it. Come back after your walk, write it down and own it!

THIS IS INSIDE MY ZONE OF GENIUS

STEP 5.b

OWN YOUR ZONE OF GENIUS

Do you trust your Zone of Genius? Are you leveraging it? Is it visible in your brand? Do your clients know about it? Do a mind dump and write everything down that comes up for you.

THIS IS HOW I WILL LEVERAGE MY ZONE OF GENIUS IN MY BUSINESS

Knowing what's NOT in your Zone of Genius is equally important. Find the things that wear you down, that take you out of the Vortex and leave you lost. Your next step should be to find the right person who can help you with this (because that will help you focus on money-generating activities)

THIS IS OUTSIDE MY ZONE OF GENIUS

LEVERAGING YOUR MIRACLES INSIDE

Use the sentences, drawings, and words to make sense of your inner library of wisdom, knowledge, and experience. The sentences form a new index. Instead of stacks of books all over the place, you can categorize them according to your own plan. You're the librarian in charge!

Hang the sentences where you see them all the time. The words will speak to you.

Focus your business on what is inside your zone of genius and change what is outside your zone of genius. It's the fastest way to flow and abundance.

Soon you will see new connections. Fresh possibilities. You will notice how much you already know. How you can use that knowledge in your life and business. You can stop the struggle and focus on what comes easily to you because that is where you will excel!

THERE IS A WONDERFUL MIRACLE LIVING INSIDE YOU

X Esther



ABOUT ME

My name is Esther de Charon de Saint Germain.

I am the Brave Branding Queen and Business Soul Whisperer

And yes, I'm also an Author + Mother + Artist + Business consultant + Art historian + certified coach + Seeker + Book Monster + Wonderfully Weird + Jasmin tea & Red Lipstick addict + business doula.

Here's an extra tip: Focus on your business and brand on the low hanging fruit. You don't have to make money with everything. Find what comes easy to you and work from there.

All the other things are your 'backdrop'. They spice up your brand and presence!

Wonderfully Weird
ENTREPRENEUR